



The Whistle

Women's' Ocean Racing Sailing Association

January 2010

OUR COMMODORE'S WELCOME!

BARBARA SANFORD

HAPPY NEW YEAR!

I am very excited about being elected the 2010 WORSA Commodore! I have enjoyed being a member of WORSA for many years and as Commodore I am blessed with a talented group of Officers working with me to plan this next year of events. We sketched out the 2010 Calendar to include our popular events: the Duffy Rally, Disabled Sailors Benefit Regatta, Sail for the Visually Impaired and a networking BBQ.

We are adding the following new events to the calendar...“on the water” educational opportunities, day-sailing adventures, support for a one-design all female race team, and a couple of week-end “harbor hopping” cruises that include Catalina Island.

As always, we have planned an impressive line up of guest speakers at our monthly meetings. **On Wednesday, January 13**, Margie Brown, an internationally recognized yacht racing judge, avid local sailor and 2009 Winner of the Peggy Slater Award is our guest speaker at our general meeting at Aventura Sailing Club, in Dana Point @ 7 pm.

Don't forget, January is our membership renewal month, February is the SCYA Woman's Sailing Convention at Bahia Corinthian Yacht Club and now is a good time to organize your crew for the Newport to Ensenada Race in April. Several yacht clubs have begun their winter racing schedules, so tune up your boat and go sailing with your crew!

I want to extend my sincerest appreciation to our former Commodore Captain Annette Cook, former Director Midge Patrick, and Newsletter Editor Dixie Massaro for all their hard work last year. They have opted to take a rest this year and we elected and installed new volunteers and the following 2010 WORSA Officers.

COMMODORE: Barbara Sanford

TREASURER: Nina Manning

VICE COMMODORE: Vicki Sweet

SECRETARY: Judy-Rae Karlsen

MEMBERSHIP DIRECTOR: Kathleen Matlock

DIRECTORS: Cindy Stoeckel, Monique Vigeant

Featured in this
issue:

- **Commodore's Welcome**
- **January 13 WORSA General Meeting**

Aventura Sailing Club
24707 Dana Point Drive
92629

Guest Speaker

Margie Brown, 2009
Peggy Slater Award

- **Save the Dates**



- **Special Event**
SCYA Women's Sailing
Convention
February 6

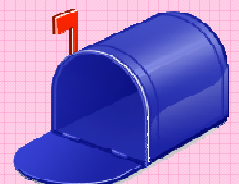
See WORSA on the
INTERNET

WWW.WORSA.ORG

January is Membership Renewal Month!

TIME TO RENEW YOUR MEMBERSHIP!

Membership renewal notices were mailed the first week in January....If you have not yet received your renewal notice - please contact Nina at: sailor9a@yahoo.com .



Save the Dates- Monthly Meetings

Monthly meetings are held on the second **Tuesday** of the month at 7 pm, **except** for the January General meeting.

***Wed. Jan 13: General Meeting @ Aventura**

24707 Dana Drive

Dana Point, CA 92629

***Second Wednesday this month only!**

Speaker: Margie Brown, Peggy Slater Award Winner - 2009

Feb 09 - Newport Harbor: American Legion YC

Mar 09 - Dana Point: Aventura Sailing Club

Apr 13 - Newport Harbor: American Legion YC

May 11 - Dana Point: Aventura Sailing Club

Jun 08 - Newport Harbor: American Legion YC

July 13 - Dana Point: Aventura Sailing Club

Aug 09 - Newport Harbor: American Legion YC

Sept 14 - Dana Point: Aventura Sailing Club

Oct 12 - Newport Harbor: American Legion YC

Nov 09 - Dana Point: Aventura Sailing Club

Dec 14 - Newport Harbor: American Legion YC

► SPECIAL EVENT ◀

Saturday, February 6

Women's Sailing Convention at the Bahia Corinthian Yacht Club in Corona del Mar.

This full-day workshop includes on-the-water, classroom, and dockside clinics on a variety of topics. This is one of the year's premier events for women sailors. Enrollment is limited! See more details on Page 3.



Gale Hine, Director

Women's Sailing Convention

Membership Survey

The WORSAs Officers are planning a full 2010 Schedule of Events. What would you like to do/or learn this year? A membership survey is being developed and we are looking for your participation and ideas! Check your email "inbox" for a WORSAs survey or pick one up at the next general meeting. Help us make 2010 the best year ever!



Mariners Notes

"THE LESSON OF THE SEA"

Bob Griffith



"The lesson that the sea teaches is that you must sail the wind you have, not the one you wish you had, the one you thought you would have, or the one you "ought" to have.

Accept reality. Use it to your advantage.

There is nothing malicious in the sea or the boat, the wind or the rock. You may not be in command of the situation, but you can make an effective response. If you are unable to make the miles spin off the stern, make your boat sail her best in the conditions you have. If it blows too rough, make the boat comfortable and yourselves the same. Reward and a sense of proportion can be found in the daily life aboard - in the living, the breathing, the viewing."



21st ANNUAL SCYA WOMEN'S SAILING CONVENTION

The Southern California Yachting Association, will hold its 21st Annual Women's Sailing Convention on **Saturday, February 6, 2010** at the Bahia Corinthian Yacht Club, Corona del Mar. Primary sponsors are BoatU.S. and West Marine. This event is open to all women interested in sailing from novice / beginner to expert.

This year's event maintains its multi-workshop format: Attendees select a combination workshops in areas that best fits their interest and ability, such as: Welcome Aboard (for beginners), Diesels, Going Up the Mast, Introduction to Racing, Tactics, Docking, Overboard Procedures, Suddenly Singlehanded Interactive, Weather, Sail Trim, Basic Navigation, Safety, Nighttime Sailing & Navigation (NEW), Hassel-Free Heads, Spinnaker Rigging, Offshore Cruising, and Introduction to Sailing. All of the workshops are presented by top women sailors from all over Southern California, many of whom are USCG Licensed Captains.

To top off the event in the evening, U.S.C.G. Captain Patricia Garfield will be the featured speaker. She is a blue-water sailor who doubled handed the 2005 Transpac on her Catalina 47, *Charmed Life*, with Captain Diane Murray. Patty also owns her own yacht brokerage with offices in San Francisco, San Diego and Newport Beach.

According to producer/director Gail Hine, ***"This event gives women an opportunity to meet many other women sailors, find out about existing women's sailing organizations in their area, instructional programs available, and many other areas of interest for those who would like to do more — racing, cruising and day sailing. We'll have something meaningful for everyone. For those who are already involved but desire more, we will offer some new areas of inspiration and instruction along with excellent networking opportunities."*** Attendees have reported that this convention was one of their most rewarding boating experiences and the very best-organized event they have ever attended. It's a sell-out every year. Rain will not cancel or diminish this event.

To obtain a reservation form (prepaid-registrations are required as space is limited).

Contact Gail Hine, SCYA Women's Sailing Convention, 23414 Mt. Ashland Ct., Murrieta CA 92562; (951-677-8121); Email: hine@scya.org or on the web at www.scya.org.

The convention fee of \$165 includes workshops, breakfast, lunch, dinner, souvenirs and handouts.

2010 WORSA OFFICERS

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VICE COMMODORE: Vicki Sweet

TREASURER: Nina Manning

SECRETARY: Judy-Rae Karlsen

MEMBERSHIP DIRECTOR: Kathleen Matlock

DIRECTORS

- Cindy Stoeckel
- Monique Vigeant

FOR MORE INFORMATION...
Judy-Rae Karlsen (562) 355-8500
Email: Shesails00@Yahoo.com

YACHT CLUB REPRESENTATIVES

American Legion Yacht Club
Barbara Sanford

Bahia Corinthian Yacht Club
Kathie Ohmer

Balboa Yacht Club
TBD

Dana Point Yacht Club
TBD

Dana West Yacht Club
Bernie Lewy

Long Beach Yacht Club
Judy-Rae Karlsen

Newport Harbor Yacht Club
TBD

Lido Isle Yacht Club
Donna Schockley

South Shore Yacht Club
Bev Day

UC Irvine Sailing Association
Jane Hartley



WOMEN'S OCEAN RACING SAILING ASSOCIATION
PO BOX 2403 Newport Beach, CA 92663
www.WORSA.org

FIRST CLASS MAIL



Our Mission . . .

- To encourage women in the participation of the sport of sailing
- To promote safety
- To provide educational opportunities
- To support community service sailing programs
- To enhance networking opportunities

Our membership is open to men and women!

The Whistle...WORSA's monthly newsletter